



A Tribute to a True Gentleman and Healer: 18 Years with Dr. N. K. Mittal

I've had the privilege of knowing and working alongside Dr. N. K. Mittal for 18 years. Based in Sonepat, Haryana, and the founder of his own hospital, he has become more than a clinician to me — he is a guiding presence, a mentor, and a friend in the best possible sense.

A relationship built on trust and care

- *Longevity matters:* Knowing someone for nearly two decades means you've witnessed not just clinical decisions, but a person's character. Dr. Mittal's steady presence has touched countless families who entrusted him with their children's health.
- *A true gentleman:* His courtesy, integrity, and unassuming demeanor set a standard for professional conduct. He treats every patient with respect, listens deeply, and explains medical ideas in a way parents can understand.
- *Genuine accessibility:* Whether it's a routine check-up or an urgent consultation, he makes himself available, often going beyond the call of duty to ensure timely, thoughtful care.
- *A mission that elevates care beyond the clinic:* Dr. N. K. Mittal is not only a skilled clinician but also a tireless advocate for public health. He has actively contributed to India's national vision to eradicate tuberculosis, aligning his practice with the PM's mission. From thoughtful case finding, timely referrals, patient education on prevention and treatment adherence, to community outreach that raises awareness about TB symptoms and vaccination, his work embodies the spirit of public service in medicine.
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Selflessness that defines his work

- *Putting patients first:* Time and again, he prioritizes the child's welfare, even if it means stretching schedules, reviewing charts after hours, or coordinating with specialists to secure the best outcomes.
- *Mentorship as a mission:* He guides colleagues with patience and joy, sharing knowledge humbly and generously.
- *Community through care:* His impact extends beyond the hospital—vaccine drives, health education sessions, and community outreach that reach families who might otherwise be forgotten.

A note on a national mission: TB eradication

- *Public-health passion:* Dr. Mittal actively contributes to India's vision to eradicate tuberculosis, as outlined by national leadership. He engages in early case finding, ensures adherence to treatment, educates families on transmission prevention, and collaborates with public-health programs to strengthen community awareness and access to care.
- *Clinical and community impact:* By integrating TB awareness into routine pediatric care and guiding families through the complete treatment journey, he helps advance the broader goal of a TB-free India.